

Create your own Roman sensory kit with some of these objects!







A **terracotta plant pot** can give a sense of the colour and texture of Roman pottery and tiles.





Feeling **stone cobbles** or a **paving slab** can give a sense of the texture of Hadrian's Wall.











Smell **fresh herbs** such as sage, mint, thyme, rosemary. These herbs were used in Roman cooking and medicine.





Try touching **branches** or **wooden objects** to feel the different textures.

Wood was an important building material in Roman times. It was also used as fuel and to make tools, weapons and furniture.













Feel and smell a **beeswax candle**. Wealthy Romans might use these for light. Beeswax was also mixed with soot and poured onto wooden boards to make writing tablets. Try scratching into some wax with a stick.



Feel or smell some **olive oil.** Olive oil had many uses in Roman times. It was used for cooking, as fuel for lamps, in medicines and cosmetics and was used instead of soap to keep clean.













Feel some **chain,** notice the weight of it. Listen to the sound it makes. Look at how the rings link together. The soldiers who lived at Segedunum would have worn heavy mail armour, made up of thousands of metal rings.







Feel some **straw;** listen to the sound it makes when you touch it. You would find straw on the floor in the cavalry barrack rooms. It was also used to stuff mattresses in Roman times.











